

# Dawn's book aims to raise breast cancer awareness

By Kirsty Blake Knox

DAWN O'PORTER has teamed up with Amy Huberman, Amanda Byram, Marian Keyes and Laura Whitmore to chat about their lovely lady lumps.

Upcoming book, *The Booby Trap and Other Bits and Boobs*, has been edited by the 34-year-old TV presenter, and explores everything from man boobs and implants to perfect pectorals and oversized nipples.

And Dawn has asked some of her best friends and family members to share their boob-related experiences.

Chris O'Dowd has written a short story about his relationship to breasts, while Caroline

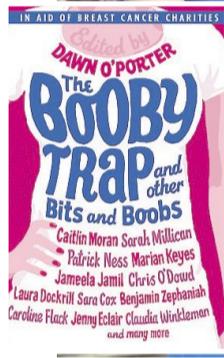
Flack chats about her awkward teenage years when she had lopsided breasts.

Comedian Sarah Millican, Davina McCall, Jameela Jamil and Claudia Winkleman will also make you laugh or cry with their mammary musings.

The book will help raise funds for breast cancer research, with proceeds going to CoppaFeel!, Breast Cancer Care and Breakthrough Breast Cancer. The project is particularly poignant for Dawn, whose mother died of breast cancer aged 36 – just two days before Dawn's seventh birthday.

Dawn has previously made a documentary called *My Breasts Could Kill Me*.

"People don't have to die from breast cancer," Dawn said. "If caught early, it can be treated."



PROJECT: Chris O'Dowd with Dawn O'Porter, who has edited a compilation of breast-related recollections. Amy Huberman, left, has also contributed to the charity book (inset)

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## IN BRIEF

### Protests at IRA parade in North

HUNDREDS of people have protested at an IRA parade in Northern Ireland.

The Tyrone Volunteers Day demonstration in Castleterg commemorated republicans who died during the conflict.

Unionist victims' campaigners waved photos of loved ones killed during the Troubles, and two demonstrators temporarily broke through a security barrier.

One loyalist victims' campaigner, David Kerrigan, said: "There is no use talking to them, they have set relations back in this town 20 years."

### Opera goes with a splash

A MOZART opera performed at one of Austria's premier music festivals made a splash after a boat carrying three singers overturned and dumped them into a lake.

The Bregenz Festival features an open-air stage in Lake Constance, and the production of *The Magic Flute* had the Queen of the Night and two other characters approaching it by boat.

But the vessel flipped during a performance, dumping the three in shallow water. Nobody was hurt.

### Fugitive held but tot missing

AN "armed and dangerous" suspect in a killing and kidnapping has been captured, but the toddler he snatched is still missing, US police say.

Malcolm Crowell was held after a nationwide Amber Alert was issued for two-year-old Isaih Perez.

Police were called to a home in Johnston, where they found the bodies of two people and discovered Isaih missing. Police had said Crowell (22) should be considered armed and dangerous.

### 'Unclean' cells in Parkinson's

TARGETING poor house-keeping in cells could lead to new treatments for Parkinson's disease.

Research has linked the disease to a genetic defect that stops cells clearing out defective mitochondria.

Cells normally dispose of them through a "hazardous waste" management system called mitophagy that causes the bean-like bodies to be digested and broken down.

Scientists have now discovered a biological pathway that allows mutations in a gene called *FBXo7* to interfere with mitophagy.

# Six freezing anglers clung to capsized boat for 40 minutes

By Alan O'Keefe

SIX men were rescued from the waters of Dublin Bay after their boat capsized on a weekend angling trip.

The men "were in a bad way" after clinging to their upturned boat for more than 40 minutes as a Coastguard helicopter and two lifeboat crews launched a rescue operation.

In a second capsized drama, three men were taken to hospital after a fourth man swam ashore to raise the alarm after an angling boat overturned near Tramore, Co Waterford, yesterday.

The Dublin Bay boating accident happened around 8pm on Saturday when the six occupants of a small open motorboat were thrown into the sea when it turned over some two and a half miles off the coast.

The men, who left the Poolbeg area on an angling trip, were in the vicinity of the



Dublin Bay Bouy when the incident happened. One of the men tried to make an emergency call on his mobile phone but was unable to establish communication.

Luckily, he was able to send a text to his girlfriend and she contacted Coastguard staff.

Dun Laoghaire RNLI Coxswain Mark McGibney told the *Herald*: "All six of the men were very, very cold and were in

a bad way when rescued. They were in the water for at least 40 minutes and the temperature of the water was no more than 12 to 14 degrees."

The men, understood to be from the Ringsend area, were aged from 20 to their mid-50s and included a father and son. The boat was believed to have toppled when one of the group caught a fish and a wave hit the boat at the same time.

Water poured over the gunnels and the weight of the in-rushing water caused the capsizing.

"It was fantastic that all the men had the cop to wear life-jackets. If they had not, it would have been much more difficult to hang on for as long as they did," said Mr McGibney.

Lifejackets also helped to keep four men alive yesterday when their vessel capsized in a moderate swell of the Co Waterford coast.

Four men aged in their 40s and 50s were angling on a six-metre long half-decker boat when it was hit by two large waves and capsized between Brownstown Head and Rhinashark in Tramore Bay shortly before 2pm.

The men's mobile phones were lost in the sea during the capsizing. As three of the men clung to the upturned boat, a 45-year-old Romanian began to swim for the coast in a bid to raise the alarm. He swam more

than 200 metres to make it to the rocky coastline at Brownstown. A man onshore who witnessed the drama called the emergency services.

Local RNLI Operations Manager Derek Musgrave told the *Herald*: "One of the three men in the water faded quickly and was given oxygen when taken aboard the helicopter and taken to hospital in Waterford."

Meanwhile, Howth RNLI received a phonecall at 6.28am yesterday from a lone yachtsman whose vessel was taking water and in danger of sinking. His 25ft wooden boat was 10 miles east of Howth.

Howth's all-weather lifeboat went to the scene. The man was taken on board the lifeboat while two lifeboat crewmen boarded the yacht which was then successfully towed to Howth Harbour.

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**MISSION:**  
Howth RNLI go to the rescue of a lone yachtsman whose vessel was in danger of sinking