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Phone: 0871 434 1010
Keyword: Paper Aeroplanes

A date with...

Indali Lounge

For food that's high in flavour but low in fat, head to London's Indali Lounge. Cooking traditional Indian cuisine without butter or cream, Indali has been rated the UK's top healthy-eating restaurant by Scout London. See www.indalilounge.com or call 020 7224 2232.



Paper Aeroplanes by Dawn O'Porter

The journalist and TV presenter's debut novel is out this week and, as you'd expect, it's a laugh-out-loud read. A heart-warming tale about two teenage friends, *Paper Aeroplanes* is inspired by Dawn's own childhood diaries. It costs £7.99 from the Express Bookshop (see page 39).



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All Stars

A feel-good Brit flick for all the family, *All Stars* follows two London children as they put on a dance show to save their youth centre. Featuring an all-star cast including John Barrowman, Hugh Dennis and Girls Aloud singer Kimberley Walsh, it's perfect bank holiday viewing. In cinemas from Friday.

